Start Here!

Lesson Plan

Suggested Reading List Middle/high school reading list

Early Middle School (Ages 11 - 14)

- George S. Clason, The Richest Man in Babylon: The Success Secrets of the Ancients, (Penguin Group, 2008)
- Jack Canfield and Kent Healy, The Success Principles for Teens: How to Get From Where You are to Where You Want to Be, (Florida: Health Communications, Inc.)
- Carol Christen and Richard N. Bolles, What Color is Your Parachute for Teens: Discovering Yourself, Defining Your Future, (California: Berkeley Press)

Middle School (Ages 13 - 15)

- Marcus Buckingham and Donald O. Clifton Now Discover Your Strengths, (New York: Simon & Schuster)
- Bob Burg and John David Mann, The Go-Giver: A Little Story About a Powerful Business Idea, (London: Penguin Books, Ltd.)
- Paulo Coelho, The Alchemist, (New York: HarperCollins)
- Sean Covey, The 7 Habits of Highly Effective Teens (New York: Free Press)
- Keith Harrell, Attitude is Everything Rev Ed: 10 Life-Changing Steps to Turning Attitude into Action, (New York: HaperCollins)
- Napoleon Hill, Think and Grow Rich, (New York: Plume)
- Jay McGraw, Life Strategies for Teens, (New York: Fireside)
- Andy Andrews, The Traveler's Gift: Seven Decisions that Determine personal Success, (Thomas Nelson, 2002)
- Alex Harris, Brett Harris, Do Hard Things: A Teenage Rebellion Against Low Expectation, (Multnomah Books, 2008)

Middle School/High School (Ages 14 - 18)

- Andy Andrews Mastering the Seven Decisions: That Determine Personal Success, (Tennessee: Thomas Nelson
- Brendon Bruchard, Life's Golden Ticket: An Inspirational Novel, (New York: HarperCollins)
- Jack Canfield and Mark Victor Hansen, The Aladdin Factor, (New York: Berkley Publishing)
- Dale Carnegie, How to Win Friends and Influence People, (New York: Simon & Schuster)
- Bill Clinton, Giving: How Each of Us Can Change the World, (Canada: Random House)
- Michael J. Gelb, How to Think Like Leonardo DaVinci, (New York: Dell Publishing)
- Napoleon Hill and W. Clement Stone, Success through a Positive Mental Attitude, (New York: Simon & Schuster)
- Helen Keller, The Story of My Life, (New York: Doubleday)
- Jennifer Kushell, Secrets of the Young and Successful, (Princeton Review)
- Robert Kiyosaki, Rich Dad Poor Dad: What The Rich Teach Their Kids About Money That The Poor And Middle Class Do Not! (:TechPress)
- Scott Rigsby, *Unthinkable*, (Illinois: Tyndale House)
- Miguel Ruiz, The Four Agreements: A Practical Guide to Personal Freedom (California: Amber-Allen Publ)
- SQuire Rushnell, When GOD Winks: How the Power of Coincidence Guides Your Life, (New York: Atria Books)
- Marci Shimoff, Happy for No Reason: 7 Steps to Being Happy from the Inside Out, (New York: Free Press)
- Geoff Colvin, Talent is Overrated: What Really Separate World-Class Performers from Everybody Else, (Penguin Group 2010)

High School (Ages 16-18)

- Henry David Thoreau, Walden, (Beacon, 2004)
- Henry David Thoreau and Ralph Waldo Emerson, Thoreau and Emerson: Nature and Spirit, (Audio Partner Publishing Corp, 1997)
- Howard Gardner, Five Minds for the Future, (Harvard Business Press 2009)
- Maya Angelou, I Know Why the Caged Bird Sings, (Random House Publishing, 2009)
- Shad Helmstetter, *The Self-Talk Solution*, (Pocket Books, 1988)
- Ralph Waldo Emerson, Self Reliance: The Wisdom of Ralph Waldo Emerson as Inspiration of Daily Living, (New York: Bell Tower)
- Victor Frankl, *Man's Search for Meaning*, (Massachusetts: Beacon Press)
- Eckhart Tolle, *The Power of Now*, (Canada: Namaste Publishing)
- Eckhart Tolle, *A New Earth*, (New York: Penguin Publishing)
- Nelson Mandela, Long Walk to Freedom: The Autobiography of Nelson Mandela, (New York: Back Bay Books)
- Dan Millman, The Way of the Peaceful Warrior: A Book That Changes Lives, (H.J. Kramer)
- York: Bantam)
- James Redfield, *The Celestine Prophecy*, (New York: Warner Books)
- Susan Jeffers PH.D., Feel the Fear... and Do It Anyway, (New York: Ballentine)