



100% Accountable Grow Through Life: Exercise

Life Planning Exercise 16 – A New Level

In order to live your dreams, you must grow and expand toward them. Now it's time to determine what you need to do to take yourself to a whole new level and become the person who can live your dreams.

Identify the most critical skills or strengths you must develop in order to live your dreams. Put a plan in place to start the process. What strengths and skills will be most critical for you? What can you do to get to the next level in each of those skills?

Note: Some dreams will have more than one Next Level Activity associated with it.

Example – Public Speaking – Take a class on presentation and communication.

My Next Level Activities

Next Level Activity 1

Next Level Activity 2

Next Level Activity 3