



## Live to Give

### Make a Difference: Exercise

#### Life Planning Exercise 21 – My Impact

The *Live To Give* Mindset is about using our talents and gifts to help others and the world. And the best gift you can ever give to the world is to be the best *you* that you can be. We have talked about you, your dreams, and the wonderful things they can bring to your life. By living your dreams and maximizing your potential, you will find that others will also benefit greatly from you living your best possible life.

Consider the tremendous impact you can have simply by living your authentic dreams, and then think of some things you can do to stretch or challenge yourself in some new way. Doing this will increase your value, both to others and to yourself as you pursue your dreams. Below, list some activities you can undertake to stretch yourself, and then describe the positive impact your doing so might have on others.

| <b><i>Stretch Yourself Activity</i></b>  | <b><i>Impact</i></b>   |
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| <b><i>Example: I will take a graphic design class to help me become more well-rounded as a businessperson.</i></b> | <b><i>This will help me as I pursue my dream of owning my own business. It will also give me some design skills I can use to help friends and family with their own businesses and projects.</i></b> |
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